Chakra Meditation

Crystal Bowl Sound Bath

Date: Sunday, March 12th, 2023

Time: 1:30 pm-3;30 pm

Place: Ferry Park

Cape May Ferry Terminal

and Floor Gallery

1200 Lincoln Blvd, North Cape May, NJ



A guided Chakra Meditation Sound Bath utilizing sacred chakra Crystal Bowls.

Experience the deep healing vibrations of each of the chakras resonating with the sacredly tuned corresponding Crystal Bowl. An absolutely amazing and soulful journey within the Chakra System.

Suggested Donation: \$30



Pre-registration required due to intentional limited space.
Contact Karen to register contact info below

What to bring:

yoga mat, blanket, bandana or eye cover.

No perfume please

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